

Medical Examination Guidelines

This examination outline is based on Doctors' Health SA guidelines and is only a guide to the comprehensive examination and should be individualised.

The aim of the examination is to identify and quantify risk including the following key areas:

- Cancer
- Cardiovascular
- Cognitive
- Infectious diseases
- Mental health

General inspection				
GCS				
Speech				
Posture				
Gait				
Mental status				
Appearance	Behaviour	Cognition	Affect	Perception
Speech	Insight	Judgement	Thought disorder	Suicidality
Observations				
Temp			Height	
Pulse			Weight	
Resp			BMI	
BP			Waist	
Urine			Chest exp	
Nodes				
Axillary	Cervical	Supraclavicular	Groin	
ENT				
Drums	Rinne'	Weber	Nose	Throat
Eyes				
Acuity	Fundi	Arcus	Other	

CNS			
Tone			
Power			
Reflexes			
Coordination			
Sensation			
Cranials			
Neck			
Thyroid		Carotids	
Nodes		Lumps	
Chest - Respiratory			
Inspection			
Palpation			
Percussion			
Auscultation			
Chest - Cardiac			
Inspection			
Palpation			
Auscultation			
Abdomen			
Inspection			
Palpation			
Percussion			
Auscultation			
Spine/MSS			
Cervical			
Thoracic			
Lumbar			
Shoulders			
Knees			
Arthritis			
Other			

Skin			
Skin type			
Mole count			
Solar damage			
Lesion(s)			
Eczema - type			
Gender specific			
<i>Female</i>		<i>Male</i>	
Breasts		Testes	
VE		Prostate	
Other		Other	
Special tests			
ECG			
Spirometry			
Pap			
Other			
Risk assessment tools			
AUSDRISK			
Aust. CV risk calculator			
Framingham 10 yr. risk calculator			
Framingham Heart age			
K-10			
DASS-21			
MMSE			
Findings and recommendations			
<i>Findings</i>		<i>Recommendations</i>	

To claim Risk Management Points through MIGA's Risk Management Program, the doctor undergoing the Comprehensive Health Assessment should provide the completed Certificate of Assessment to MIGA

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